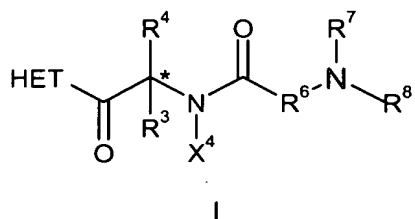


ABSTRACT OF THE INVENTION

This invention is directed to methods for treating age-related decline in physical performance which comprises administering a growth hormone secretagogue, a prodrug thereof or a pharmaceutically acceptable salt of said

5 secretagogue or said prodrug. More preferably, the present invention provides such methods wherein the growth hormone secretagogue is a compound of Formula I:



a prodrug thereof or a pharmaceutically acceptable salt of said secretagogue or
10 said prodrug.